

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice 	Stone Baked Pizza	100% Beef Burger in a Bun	Roast Chicken & Stuffing	Chicken Curry & Rice	Crispy Battered Fish
Vegetarian Choice 	Quorn Mince & Yorkshire Pudding	Cheese Pasty	Veggie Sausage	Tomato & Cheese Pasta	Quorn Nibbles on a Floured Bap
Vegetables of the Day 	Baby Potatoes Seasonal Vegetables	Potato Wedges Seasonal Vegetables	Roast Potato Seasonal Vegetables	Boiled Potato Seasonal Vegetables	Chips Seasonal Vegetables
Jacket Potatoes 	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna
Dessert 	Fruit Muffin Yoghurt Fresh Fruit	Chocolate Sponge & Chocolate Custard Yoghurt Fresh Fruit	Cornflake Tart & Custard Yoghurt Fresh Fruit	Iced Lemon Sponge & Custard Yoghurt Fresh Fruit	Oat Crunch Cookie Yoghurt Fresh Fruit



WHAT'S ON THE MENU



FOR MORE INFORMATION ON HEALTHY EATING VISIT
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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice 	Spaghetti Bolognaise	Sweet & Sour Chicken with Noodles	Gammon & Pineapple	Chicken Pie	Fish Fingers / Salmon Fish Cake
Vegetarian Choice 	Quorn Sausage	Hot Cheese Wraps	Tomato & Courgette Wholemeal Pasta	Stone Baked Pizza	Quorn Burger in a Bun
Vegetables of the Day 	Boiled Potatoes Seasonal Vegetables	Potato Wedges Seasonal Vegetables	Roast Potatoes Seasonal Vegetables	Mashed / New Potatoes Seasonal Vegetables	Chips Seasonal Vegetables
Jacket Potatoes 	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna
Dessert 	Fruit Tart & Custard Yoghurt Fresh Fruit	Lemon Sponge & Vanilla Sauce Yoghurt Fresh Fruit	Jelly & Ice Cream Yoghurt Fresh Fruit	Sticky Toffee Pudding & Custard Yoghurt Fresh Fruit	Fruit Flapjack Yoghurt Fresh Fruit



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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice 	Sausage Roll	Chicken Parmo	Mince & Dumpling	Meat Balls in a Rich Tomato Sauce	Battered Fish
Vegetarian Choice 	Shepherdess Pie	Tomato & Basil Pasta	Stone Baked Pizza	Cheese Pin Wheel	Quorn Burger in a Bun
Vegetables of the Day 	Boiled Potato Seasonal Vegetables	Potato Wedges Seasonal Vegetables	Roast / Mashed Potatoes Seasonal Vegetables	Baby Potatoes Seasonal Vegetables	Chips Seasonal Vegetables
Jacket Potatoes 	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna
Dessert 	Iced Orange Cake & Custard Yoghurt Fresh Fruit	Apple Crumble & Custard Yoghurt Fresh Fruit	Chocolate Sponge & Chocolate Sauce Yoghurt Fresh Fruit	Ice Cream Roll & Fruit Yoghurt Fresh Fruit	Chocolate Brownie Yoghurt Fresh Fruit



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